

# DEANNA RHINEHART

My journey began when my high school had a suicide epidemic. They were my friends, amazing kids, and leaders in school, but no one knew they were in pain until it was too late.

This set my life's course on a mission to bring healing and restoration for those suffering alone and in silence, especially children and youth who don't know how to find help or what it's like to feel okay.

The turning point of my life came 30 years ago while working in a school with a violent campus culture and a 50% drop out rate. These kids were filled with rage, and hopelessness. They hated themselves, each other, me, and life. I had exhausted every teaching method I knew with little impact. Then I had an idea:

## Instead of teaching music, I used music to teach them how to cope with life.

... and with that, everything changed. I was able to infuse tools I had learned from my psychology degree into songs I had written specifically to bypass their defense mechanisms. The issues they were unable to talk about, they could sing about and find the answers they so desperately needed. I didn't realize what was happening at the time, but the music and the particular way I was teaching it, was connecting their IQ with their EQ so they could heal from the inside out.

For the first time, my students were engaged. They cared. They were present. They took ownership. The bullying stopped. They were kind and enthusiastic. They began to dream, they began to heal, and they began to succeed—and after 30 years, this school never resorted back!

This was the birthplace of the Emotional Safety Education System.



## ABOUT DEANNA

### ACADEMIC BACKGROUND

Liberty University Bachelor of Science with an emphasis in child and adolescent psychology and music education

### ACHIEVEMENTS

Deanna Rhinehart is a forerunner in Emotional Safety Ed and campus culture development. Her background in education, business, psychology, leadership training, and the performing arts provides a vast range of experience as she pulls from all these arenas to address critical youth issues.

- Founder, and President of Champions College
- Creator of the Champions! Emotional Safety Education System.
- Author of more than 60 books, series, and leadership-themed musical productions.
- Developer of Family Night Adventures.
- Forerunner in IQ-EQ education and campus culture development.
- Former Owner/Director of one of the largest music conservatories outside the Seattle area.
- Speaker, author, teacher, consultant.

*Deanna lives in Nampa, Idaho on 65 acres with her family where they hope to eventually build the college campus/retreat center. She's in love with border collies, her family, and the outdoors. She works for hugs, peanut m&m's, and the joy of knowing how many children will conquer life as a result of her undeterred resolve to love and equip them through her ESE programs.*

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