

HIGH FIVE FRIDAYS

THE PRINCIPAL'S PROJECT



CHAMPIONEERS! EMOTIONAL SAFETY EDUCATION SYSTEM

EVENT DETAILS

It's all hands-on deck for this event with high-fives and hugs to spread the love. They are fast, easy, and free. You'll need to teach your students how to high five gently, but don't underestimate what a smile, a high five and encouraging words can do for a child. Have admin high five as students exit the building. Get the bus drivers involved. Pull in the custodians, aids, and counselors to line the hallways. Recruit surprise high-fiven' guests such as firemen, the mayor, Dads, or high school athletes! Choose students to be their door high-fiver to start the celebration of another successful week!

Enjoy!

Deanna

SUPPLIES

Hand sanitizer (just sayin')

Post your event pictures and ideas on the Championsers! Facebook page. We'll include the best ones in future distributions and credit you and your school for your contribution.

GREAT SCHOOLS ARE EMOTIONALLY SAFE!

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Pass this on: www.theprincipalsproject.com

Deanna Rhinehart is the Creator of the Championsers! Emotional Safety Education (ESE) System and The Principal's Project. Go to Championsers.com to get your grant worth up to \$10,000 per year for ESE training and resources on your campus.

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Dear Staff:

It's all hands-on deck for this Happy, Healthy School event with high-fives and hugs to spread the love to everyone. This is a fast, and easy way we can promote emotional safety on our campus by promoting inclusion, acceptance, and significance. You'll need to teach your students how to high-five gently, but don't underestimate what a smile, a high-five and encouraging words can do for a child. This is how this works:

- This Friday we'll have a high-five parade to send our students home full of positive affirmations and happy dopamine. We'll try this a couple times and if it proves to be a positive addition to our week will adopt it into our routine.
- When you line up at your classroom door, give your students clear instructions on hallway rules but tell them we're trying something fun and new to celebrate all their hard work this week.
- Choose a student leader to stand at the door to be the first to high-five their classmates while you lead them out of the classroom and down the hall to the buses. We'll have some happy music for you!
- All support staff, aids, custodians and even special surprise guests will line the halls to send our kids out in style. Don't be surprised if you see policemen, firemen, the mayor, parents, even high school athletes and leaders in our high-fivin' crew!
- Admin will high-five our students as they exit the building. We're hoping bus drivers will get involved by high-fiving the kids as they get on the bus.

That's all there is to it.

Have Fun!

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A gift from the Champions! Emotional Safety Education Grant. For more resources go to: Champions.com | © 2019

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EVENT CHECK-OFF LIST

- _____ Planning
- _____ Dates
- _____ Marketing & Teacher Notes
- _____ Supplies
- _____ Thank You Notes
- _____ Pics Posted to your PTO Facebook and to [Champions! Facebook](#)
with #happyhealthyschools, #champions, #bullying, #schoolevents, #PTO, etc. (Thank you)
- _____ Share with other principals so they can join in the fun!