

WELCOME TO CHAMPIONEERS!



LESSON #11

Grades K-1

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Lesson Eleven

Grades K-1

Truth or Consequences

- Key: How to Stop a Lie
- Concept: 1st Law of Motion

Materials

- Balloon
- A Penny

Class Agenda

1. Greetings
2. Review
3. Sing & Swing: Review All
4. Video: Lesson #11 How to Stop a Lie
5. Activity: Centripetal Force
6. Sing & Swing: Review All
7. Video: Episode #11 Truth or Consequences
8. Review
9. Challenge: Pass-it-On

Objectives

- Video: Truth or Consequences
- Song: Review Most Recent
- Lesson: How to Stop a Lie
- Activity: Centripetal Force
- Challenge: Pass-it-On

In a Nutshell

Greetings and review. Discuss how telling a lie acts like centripetal force. Once you start a lie, it just wants to keep going and pulling everything else into it. The way you stop a lie is to tell the truth. This week's challenge is to do an anonymous kind act, then leave a note with a challenge for that person to do the same thing for someone else.

Lesson Eleven - Quick View



	ACTIVITY	TIME	OBJECTIVE	ACTION
1	Greetings	2 min	Students share Adventure Theater episode #11.	Modified <i>Champions! Roll Call</i> . Keep changing it up. Learn to “sign” “Champions” or make up motions.
2	Video: Leadership Workshop #11	3 min	Roundabout Centripetal Force	Demonstrate how centripetal force keeps a penny in motion inside a balloon. Discuss how a lie, unless corrected, tends to keep on going.
3	Leadership Workbook	5 min	Pages 48-51 Grades K-1 Pages 48-51 Grades 2-6 How to Stop a Lie	Discuss how a lie in motion tends to stay in motion so the best way to stop a lie is to never tell one.
4	Champ Chat	3 min	Truth or Consequences	What is the best way to stop a lie? Do leaders talk about people? Why or why not? Do people ever believe their own lies?
5	Leadership Challenge	1 min	Make a New Friend	Leaders focus on things that matter most, like honesty, kindness, and being a good friend to others. Make a new friend this week.

Adventure Theater Recap: Episode #11: What Matters Most

Al-x saves the old man and tells everyone what really happened. To his surprise, everyone cheered him on even more. The only question everyone had now was who won the fishing derby. Did Al-x or the old man?



1. Greetings & Review

Champions! Roll Call and student story recap.

LESSON

2. Video: Leadership Workshop Centripetal Force

Newton's first law of motion states an object in motion tends to stay in motion. The same is true about a lie. Once a lie is set in motion it also tends to stay in motion. To demonstrate this, we're going to do an experiment with centripetal force.

- Place a penny in a balloon.
- Blow up the balloon and tie the end.
- Turn the balloon upside down and hold by the tied end.
- Spin the balloon until the penny is swirling around the inside center of the balloon.

The penny spins around the balloon because of the centripetal force that pulls on it toward the center of the balloon. Just as a penny continues to circle around the inside of the balloon, so lies tend to keep going and going, encompassing everything, until even the truth can be forgotten and replaced with a lie.

WORKBOOK

3. Leadership Workbook:

Pages 48-51 Grades K-1

Pages 48-51 Grades 2-6

Truth or Consequences - How to stop a lie

Once you start a lie, it just wants to keep going and going and going. One lie usually leads to another lie, pulling everything into it. Sometimes lies get so big that the person telling the lie can even forget what the real truth is.

The best way to stop a lie is to not tell one to begin with. The second-best way to stop a lie is to tell the truth. When truth is spoken, the lie loses its power. This is true for lies you tell others, as well as lies you believe yourself.

CHAMP CHAT

4. Champ Chat:

- What is the best way to stop a lie?
- Do leaders talk about people? Why or why not?
- Do people ever believe their own lies?

LEADERSHIP CHALLENGE

5. Leadership Challenge: Pass-it-On Challenge!

Do an anonymous kind act, then leave a note with a challenge for that person to do the same thing for someone else.