THE SEVEN ESSENTIALS

Seven Essential Elements for Emotional Safety and Personal Empowerment

One out of six high school students have a suicide plan and nearly 2 million attempt it each year. That's more than all the students enrolled in the states of WA, OR, and ID combined, every single year! Together, we can stop this. The answers to these highly complex issues lie in seven essential elements that must be developed for emotional safety and personal empowerment. You'll soon receive a link to the Parent Power Training Videos to learn how to apply them in your home, then attend a FREE Parent Power Workshop to learn how you can flip peer pressure into peer power in your school.

1. A Culture of Vision - Teach Children to Dream

Children are more likely to succumb to peer pressure if they do not have a strong sense of who they are and where they are going. Children who learn to dream develop an internal map that helps release them from the pressure to fit within the status quo. I'll show you how to create a culture of vision in your home and school.

2. A Culture of Honor – Teach Children to Honor Others

Children who are taught good manners and common courtesies develop an awareness for those around them and a core belief system of human equality. These children are far less likely to ostracize those who are not readily accepted and more likely to embrace diversity based on intrinsic worth. I'll show you how honor is nurtured as a core value within your home and school.

3. A Culture of Purpose - Nurture Your Children's Interests

Children who develop their interests and talents gain a stronger sense of purpose and appreciation of their unique identity. When children like who they are, they are far less likely to conform to the crowd. I'll show you how to release the power of purpose driven children.

4. A Culture of Connection - Give Your Children Places of Belonging

Belonging is one of the greatest psychological needs of humans, causing children to do almost anything to "fit in." Children who connect with small interest groups are more likely to find their niche through common interests rather than gravitate toward popularity driven clicks.

5. A Culture of Leadership - Provide Children Opportunities to Serve

Children who take personal responsibility and ownership for their decisions develop self-confidence, self-governance, personal initiative, and stewardship. When these qualities are used for the service of others, students find significance and are far more likely to empower each other to succeed. I'll show you how to internally motivate your children for personal success.

6. A Culture of Innovation - Teach Children to Celebrate the Process

Children who learn to embrace disappointments and failures as stepping stones to success, are far more likely to stay the course and accomplish their goals. I'll show you how to inspire overcoming, "World Changers" through a culture of tenacity, determination, and innovation.

7. A Culture of Heroism - Give Your Children Unconditional Affirmations

Children who are taught their worth based on who they are rather than on what they do, develop an internal compass that is not easily compromised. Peer pressure has little ability to persuade them to participate in activities that do not align with their compass of truth. I'll show you how to nurture a culture of heroes!